

# Strathmore Parks Run 2018

Sunday, September 23, 9:30am [www.StrathmoreParksRun.com](http://www.StrathmoreParksRun.com)

**Location:** Onondaga Park, Strathmore Neighborhood - Syracuse, N.Y.

**Events:** 4 Mile Race at **9:30 am**  
Race will still start and end in Upper Onondaga Park and includes streets in the historic Strathmore neighborhood. Free t-shirt while supplies last.  
Youth/kids fun run following (race day sign-up).  
Family Fun Area – Food and other fun activities

**Time:** Race Day Registration: 7:00am - 8:30 am, 4 Mile Run Start: 9:30 am

**Fees:** \$20 to register on-line or mail by April 1, 2018  
\$25 to register on-line or by mail from April, 2 – September 1, 2018  
\$30 to register on-line after September 2, 2018, at packet pickup at Fleet Feet or on Race Day.  
• \$5 discount for students.  
Packet Pick-up at Fleet Feet on Sept 22 & Race Day

**Parking:** All streets surrounding Onondaga Park at Roberts Ave & Crossett St

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## OFFICIAL ENTRY FORM Strathmore Parks Run 2018

(On-line registration is strongly encouraged, please visit [www.StrathmoreParksRun.com](http://www.StrathmoreParksRun.com) to register online and to find other event details)

For mail-in registration, make check/ money order payable to: Strathmore Neighborhood Assoc.  
Mail completed entry form postmarked no later than 9-14-2018 to:  
Strathmore Parks Run, 727 Stinard Ave, Syracuse, NY 13207

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ M.I. \_\_\_\_\_

Street Address \_\_\_\_\_ e-mail \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ **Age On Race Day** \_\_\_\_\_

Phone (\_\_\_\_) \_\_\_\_\_ Shirt Size: S \_\_\_ M \_\_\_ L \_\_\_ XL \_\_\_ Male \_\_\_ Female \_\_\_

Fee: \$ \_\_\_\_\_ Event: 4 Mile Run \_\_\_\_\_

In consideration of my entry being accepted, I intend to be legally bound, and do hereby release, for myself, my heirs, executors and administrators waive and release rights and claims for damage which I may have or which may hereinafter accrue to me against the Greater Strathmore Neighborhood Association, City of Syracuse Parks and Recreation, James Dwyer Jr. Fund, its respective officers, agents, representatives, successors, assigns, and all other sponsors for any and all damages or injuries which may be sustained and suffered by me in consideration with my association with or entry of participation in this race. If I should suffer injury or illness, I authorize the officials of the race to use their discretion to have me transported to a medical facility and I take full responsibility for this action. I attest and verify that I am physically fit and have sufficiently trained for the completion of this event. I hereby grant full permission to any and all of the foregoing to use any photographs, videotapes, motion pictures, recordings, or any other record of this event for any purpose whatsoever. **I have read the above release and understand that I am entering this event at my own risk**

(Date) \_\_\_\_\_ (Signature) \_\_\_\_\_ (Parent/ guardian signature if under 18)